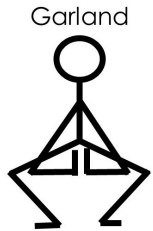
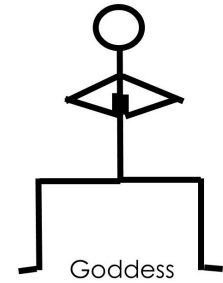
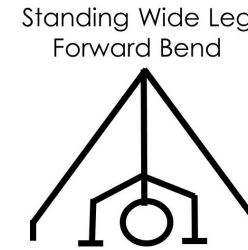
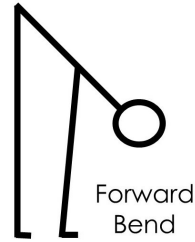
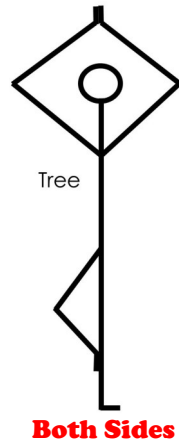
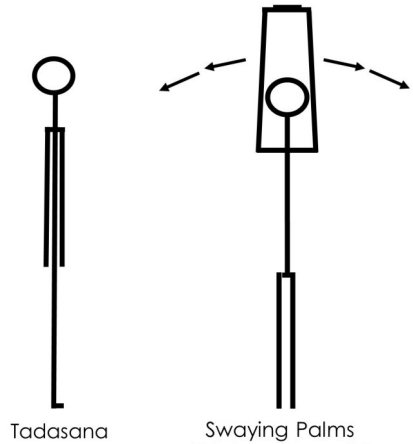
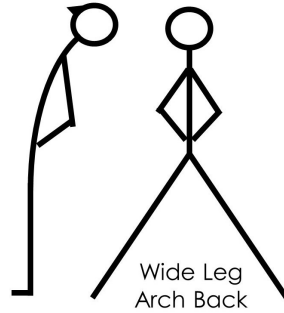


PARK YOGA SEQUENCE (no mat)

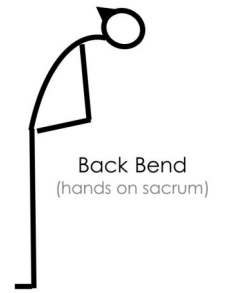
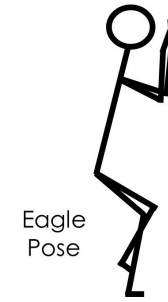
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Both Sides



Bound Hands Arch Back



Both Sides

Both Sides

