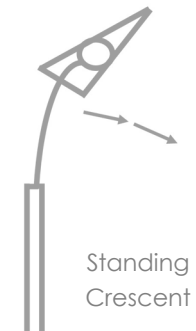
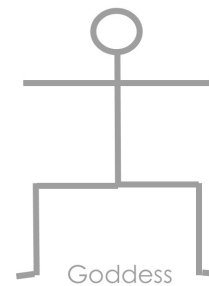
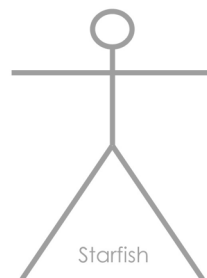
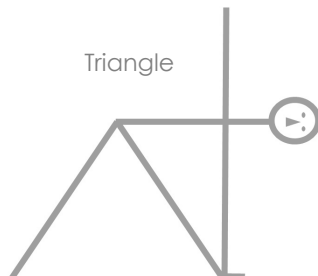
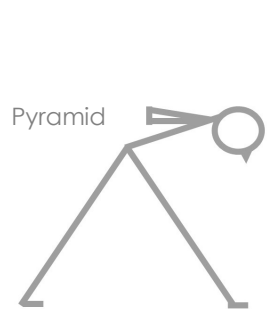
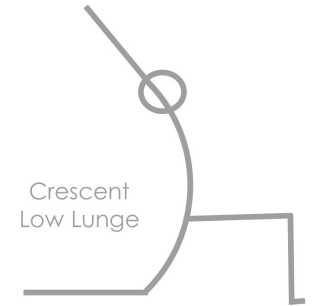
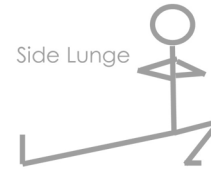
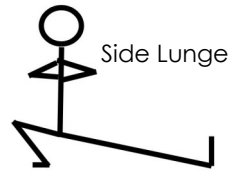
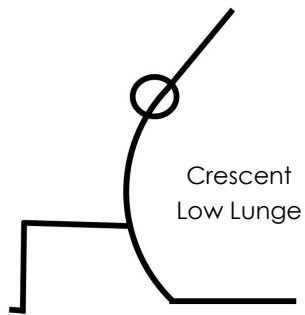
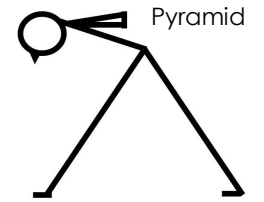
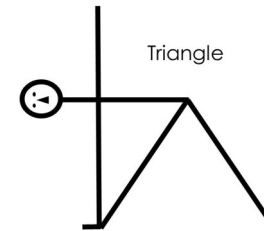
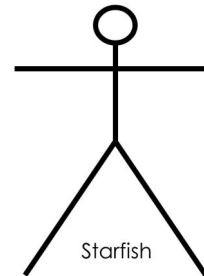
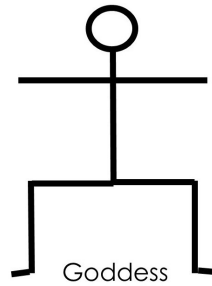
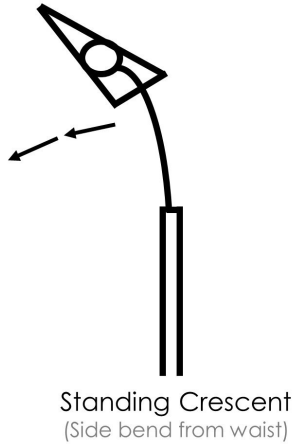
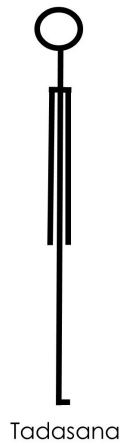


Printable Moon Salutation Yoga Sequence

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This is a palindromic sequence: perform the poses on one side until Garland pose then reverse the sequence on the opposite side of your body back to tadasana!